Partnerships for Youth Transition



June 25, 2003

Grant funding received from the Department of Health & Human Services, Substance Abuse & Mental Health Services Administration, Center for Mental Health Services

WHO will this project serve?

Target Population: Clark County residents 14-21 years of age:

- Who are living in or are at imminent risk of out-of home placement.
- Who have at least one DSM-IV diagnosis that prevents them from functioning in family, school, and/or community. (This condition must be of 12 months duration, or, on the basis of diagnosis, be expected to last for at least 12 months.)
- Who consent to treatment and (if under the age of legal consent) whose parents/guardians consent to treatment.

WHY is this needed in Clark County?

Major challenges identified in Clark County

- High incidence of substance abuse
- Difficulties staying in school
 - 30% of youth in SA programs are not enrolled in school at time of admission.
- Few housing options
- Significant service gaps
- Split between child and adult services

Current System Strengths

- Individualized and Tailored Care philosophy.
- Capacity in every mandated service delivery area.
- Clark County's Children's Community of Care Advisory Council.
- Well established evaluation & quality assurance processes.
- Powerful & flexible management information system.

Best Practice/Program Models

Part of the Strategic Planning Process was to look at each program model in detail in order to make a decision about which model/models would be adopted in our community.

The following two models were proposed for consideration:

Transition to Independence Process (TIP) System

- Developed by Hewitt B. Clark, Ph.D.
- Philosophy is consistent with the model of ITC that underlies the County's fundamental approach to service delivery.
- Youth/young adult is the team lead.
- More focus on personal goals in education, employment, housing and community participation.

Assertive Community Treatment (ACT)

- Pioneered by Dan Bridgeo in Columbus, Ohio.
- Used for adults with serious mental illness in Clark County.
- Appropriate for youth with the most intense needs.
- Bridge to adult services for young adults with the most intense needs.

Blending the Models

The blending of both TIP and ACT into the current service delivery system should increase the effectiveness and success of addressing the needs of youth/young adults with emotional and behavioral disorders.

Program Components

- Use of Transition Facilitators
- Enhance the PACT team with a Child/Adolescent Specialist.
- Use of Peer Mentors/Supporters
- Community & provider education
- Targeted education and support for families
- A community based strategic planning process
- An infrastructure that can identify & address policy and funding barriers and sustainability issues
- Enhanced employment services to the target population

Coordinated Efforts to address system gaps

- Increase integration and coordination of existing services
- Expand the role of young adults as service providers and advocates
- Expand the role of youth in governance, service provision, and evaluation
- Develop specific outcome objectives on the policy level
- Institute a long term outcome evaluation

Evaluation & Performance Plan

- Integrated Management Information (IMIS) System
- Regional Research Institute for Human Services at Portland State University (RRI) will provide:
 - Data support for the strategic planning process
 - Process evaluation
 - Design of outcome evaluation

Governance & Oversight

Community of Care Advisory Council

Subcommittees:

- Family Action Committee
- Resource Management Committee
- Partnerships for Youth Transition

Steering Committee

Membership includes:

- Youth/young adults
- Parents
- Representatives of key participating agencies

Steering Committee Responsibilities

- Facilitate & oversee youth development & parent outreach activities.
- Identify training needs & trainers.
- Coordinate activities with evaluation & planning staff.
- Analyze the continuum of care, identify gaps, and develop strategies for filling those gaps.

Steering Committee Responsibilities

- Develop outcome benchmark recommendations for the Advisory Council.
- Design participant screening, assessment, care coordination mechanisms.
- Negotiate interagency referral, treatment, and sanction protocols.

Steering Committee Responsibilities

- Develop informed consent standards and documents, confidentiality protections.
- Identify standardized validated screening and assessment tools and obtain cross-agency agreements for use of these tools.
- Analyze fiscal needs and develop funding strategies for program enhancement/sustainability.

Accomplishments To Date/Based on Year 1 Timelines

- Project Coordinator assigned 10/02.
- Celebration with community members who signed Memorandum of Understanding in support of the grant.
- Steering committee established.
- Three of four consultant contracts have been established.
- Provider contracts are being drafted.

Accomplishments (cont.)

- Clark County's new MIS system will be fully operational as of 7-1-03.
- The Steering Committee meets on a monthly basis and work is documented through meeting minutes.
- The evaluation team presented existing System of Care data collected over the last 3-4 years to the Steering Committee.
- Dr. Rusty Clark presented the "Navigating Rough Waters" workshop to the community on 1/13/03.

Accomplishments (cont.)

- Steering committee spent a day with Dr. Clark and Nicole in a work session to introduce NTAC, review SAMHSA expectations, identify training/TA needs, discuss the first full draft of the logic model, and review the work plan for Year 1.
- Focus groups with youth and family members were held between 4/3-10/03 to collect information on what works as well as barriers and solutions.

Accomplishments (cont.)

- A provider survey and process has been completed to collect additional information on what works as well as barriers and solutions.
- The Strategic Planning process, facilitated by John Franz, occurred May 6-8, 2003.
- A written Action Plan will be available for review by May 30, 2003.